

URC
VAN ROAD
Caerphilly
March 2018

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From our Minister ...

JOURNEY THROUGH LENT

We are very used to art exhibitions in church. During this Lent, there are some pictures on display, on the windowsills in the church at Van Road. They follow the 'Fourteen Stations of the Cross'.

The origin of 'The Stations of the Cross' is in Christian pilgrimage to the Holy Land in the early Middle Ages, and an attempt to reproduce back at home, the 'Via Dolorosa' – 'the road of sorrows' – which Jesus walked on Good Friday.

'The Stations of the Cross' is a traditional aid to prayer and devotion which is found particularly in Catholic churches, and often carved in wood or stone. The pictures in Van Road this Lent focus particularly on the emotions of the events of Holy Week.

Traditionally, the final scene depicts Jesus laid in the tomb. There are very rare examples of a 15th station, representing the resurrection. In our series of stations, it is the picture for the 14th station which diverges from tradition by offering a vision of hope and resurrection.

The pictures are striking, often abstract, and accompanied with words from the Scriptures.

Please do take time to look, and read, and spend some moments in contemplation in front of these pictures during this Lenten season.

SPI



Ecumenical News in Caerphilly

The Reverend Pauline Smith was licensed as Team Vicar in the Rectorial Benefice of Eglwysilan and Caerphilly, in a service at St. Martin's on Monday 19th February.

The church was full, and included members of the different churches in the town as well as people from Pauline's churches near Bridgend.

The new Bishop of Llandaff, The Right Reverend June Osborne, presided, and a special choir and string youth orchestra supplemented the organ and church choir.

In a wonderful and joyful atmosphere, Pauline was welcomed into her new ministry. Greetings were also given from the Caerphilly Council of Churches. Please keep Pauline and her husband in your prayers as they begin a new life here among us.

SPI



Grateful Thanks

 $\mathsf{T}\mathsf{C}$

Margaret Baldwin, who is retiring as a serving elder for the time being. Her commitment and hard work has been much appreciated.

From the Editor ...

No peace this Lent and Easter in the Holy Land

At a Christian Aid Committee meeting I was privileged to hear first hand something of what the position is in Israel and the Occupied Palestinian Territories (IOPT.) William Bell - Christian Aid's Head of Middle East and IOPT (via Skype) gave us a report on the situation there.

Sadly he says that viable peace seems further away as the region is beset by crises and splits. The Palestinian challenges have gone further down the international agenda due to the wars and turmoil all across the Middle East.

He highlights 3 main issues - The Settlements, Gaza and Jerusalem.

The Israeli settlements (currently there are 600,000 settlers in east Jerusalem and the West Bank) and more to come by demolition of villages which displaces Palestinians leaving them little land to farm on. Unemployment is very high. In Gaza there is 43% to 60% unemployment particularly among young people. The Blockade in Gaza means that many children 15 and under have never left the Gaza Strip. The infrastructure there is crumbling. Electricity is on for only 2 hours a day, there are few amenities and there is stench from poor sanitation. By 2020 it is thought that it will be uninhabitable.

The Palestinian leadership is split - they are so very far apart and this makes any negotiations so difficult. They have 'broken off' with the USA, who have cut aid. The USA is using aid to force cooperation.

William says it is very hard now to see how Jerusalem can be a 'shared' capital. The Palestinians are being squeezed out in areas of Jerusalem. The USA siding with Israel regarding the US Embassy, has caused huge problems.

Christian Aid is an organisation endeavouring to promote accountability and its prime objective is addressing poverty issues, always aiming to engage in an impartial way, not taking sides, which can be very difficult.

Reflection.

Our UK government with the EU has signed up to Resolution 2334 which takes the position that the Settlements are illegal but this seems to have had no impact. Human Rights groups are finding it very difficult to monitor human rights abuses in the area, violation is still rife. The Israeli government is hostile towards these human rights groups . The 2 maps I received from Amnesty show just how the region has changed.

This Lent and Eastertime please pray for all who are suffering poverty, abuse and injustice and for those workers trying to help and support them. Please also pray for the leaders and heads of state to show understanding and compassion in trying to resolve the complicated issues they face.

Diane



An elder writes

The United Kingdom has recently marked the centenary of some women receiving the vote, On 2nd March, Women's World Day of Prayer will take place; on 8th March International Women's Day will be celebrated and on 11th March it will be Mothering Sunday.

I wondered what we can learn from the life of Deborah?"

Deborah was one of the judges of Israel during a time of oppression. She is called a prophetess and the wife of Lappidoth. The Lord spoke through her as she held court under a tree called "the Palm of Deborah" in Ephraim. The Lord also used her to set her people free and defeat the king of Canaan. Deborah's story is found in Judges, chapters 4 and 5.

Deborah was Israel's only female judge. Some scholars have suggested that her position as judge was itself a judgment on the weak-willed men of Israel. Because Israel's men were unfit to judge, God chose a woman for the job, partly to shame the men who should have taken the leadership. Other commentators believe that Deborah's role as judge was a sign of God's comforting presence in the midst of His oppressed and downtrodden people.

When Deborah became judge, the Israelites had been subjugated for 20 years by Jabin, king of Canaan. The commander of Jabin's army was named Sisera, and he had 900 iron chariots – formidable weapons against Israel's foot soldiers (<u>Judges 4:3</u>). The Israelites were treated very cruelly by Sisera and his army, and Israel's spirits were very low. Deborah describes the hardship of

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living under Jabin and Sisera this way: "The highways were abandoned, and travellers kept to the byways. The villagers ceased in Israel; they ceased to be" (<u>Judges 5:6-7</u>). In other words, people feared to leave their homes; travelling was very dangerous.

God's word comes through Deborah to a man of Naphtali named Barak. The message is that he will lead the revolt against Sisera. Barak's response is, "I'll only go if Deborah goes with me" (Judges 4:8). Everyone was afraid of Sisera, including Barak. Deborah agrees to accompany Barak, but she also prophesies that the honour for the victory would belong to a woman, not to Barak (Judges 4:9).

When the time came for battle, God again spoke through Deborah, who prompted Barak to marshal his forces. The Israelites came against the army of Sisera, and God granted the victory. The mighty Sisera himself was brought down by the hand of a woman, just as Deborah had said.

As the commander rested after the battle, a woman named Jael drove a tent peg through his head. What can we learn from the life of Deborah? We can see that God's power is what matters, regardless of the instrument He chooses to use. Man or woman, strong or weak, confident or hesitant – all are strong when they are moved by God's Spirit and filled with His strength.

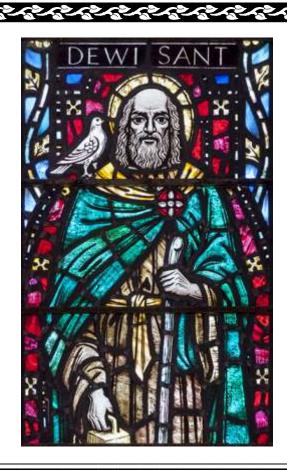
We can also see in Deborah a picture of God's tender care for His people. As a mother cares for her children, so Deborah led and nurtured Israel (Judges 5:7).

Lynda

Together in Prayer. Please pray for— 4th March - Old Colwyn URC - Tiers Cross URC - Germany and France **11th March** - Rhos on Sea URC, Colwyn Bay - Wolfsdale URC. Camrose - Austria, Liechtenstein, Switzerland, Andorra, Monaco, San Marino **18th March** - Tabernacle URC, Holywell - Crundale URC - Myanmar and Thailand 25th March - Horeb URC, Dyserth, - Zion's Hill URC - Cambodia, Laos and Vietnam



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'DO THE LITTLE THINGS: THE SMALL THINGS YOU HAVE SEEN ME DOING' Pulpit Supply

March

4th, 10.30am Rev. Judy Jarman

11th, 10.30am Rev. Stephen Lewis

Mothering Sunday - Communion

18th, 10.30am Richard and Sarah

25th, 10.30am Rev. Val Fernandez

Palm Sunday



Mid Week Communion

Wednesday 14th March 10.30am Rev. Stephen Lewis

LENT / EASTER SERVICES

Thurs 29th, 7pm Maundy Supper at Wesley

Fri 30th, 10.30am Good Friday Service at Van Road

Easter Day, 7.30am Son Rise Service on

Caerphilly Mountain

10.30am Easter Day

Communion Service at Van Road

Mr Rob Moverley

Caerphilly Food Bank Request

Presently the food bank is well stocked but can always use UHT milk, tinned fruit and rice pudding and orange juice / squash as these are not donated very often. Cash donations are also welcome.

Thank you!

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※ ※	March		米米米
	Mondays	7.30pm	*
	5th	MORGAN JAMES - PROPOSED VISIT TO	×
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MEAL OUT

The VAN-guard Centre

Charity Registration number 1109193

March 2018

General update of VAN-guard Centre activities.

This month I am highlighting the activities of two of our groups:

The Goldies Cymru Group meets every second Monday of the month at 10.30 a.m. is doing well with an established group of attendees, which include some residents from Aber Mill Care Home in Abertridwr. Depending on road, weather conditions, and availability of carers, some residents also come from Trafalgar House Residential Home in Nelson. Together with our regulars, many of which know each other from pensioner groups in the area, everyone enjoys the friendship as well as the singing with our excellent group leader Carol Pegler. Margaret Craig is always on hand with a warm cup of tea or coffee to welcome everyone as they arrive.

The University of the Third Age meets every first Friday of the month at 1.30 p.m. At these meetings all the various U3A groups come together for a joint meeting when they usually have some very interesting speakers. In February the speaker was Dr Hefin David, Assembly Member for Caerphilly. Anyone is welcome to attend and find out more about the group.

Farewell and Good Luck

The Art Group has said goodbye to two of its long term members. Romila and John Newton are moving to be near their son in Cheshire after living in Caerphilly for 45 years. They will be sorely missed having been members of our Art Group for many years. During their time with us they have participated in the Art Exhibitions and supported 'VAN-guard' Concerts. They will also be greatly missed by

'Wesley' where they have been church members.

Constituency Surgery Saturday 10th March 10.00 a.m. -12 noon

.Dr. Hefin David Assembly Member for Caerphilly

Concert Diary Dates 2018

By the end of February we have held five concerts and an informal piano recital by Saya Okada. The year looks to be proceeding in a very busy manner with many excellent performers coming to 'VAN-guard'. Some events continue the Lunchtime Series while others are evening performances. The performers are all professional musicians, instrumentalists and/ or singers, who normally appear in larger, city venues. However, they all enjoy the warm welcome they receive when they come to us. They enjoy performing in the building where the acoustics are very good and where the well-tuned piano is a great asset. There is a lot of preparatory work which precedes any one of these visits. Publicity needs to be circulated locally. Word of mouth of one of the best forms of advertising, so please let your friends know about the events taking place here, or come along with them. Ticket prices are minimal compared for example with Cardiff or Newport venues, and we bring excellent performers to Caerphilly, at a convenient time and price that is affordable. We also try to have as much variety as possible with the concerts.

March

Sunday 11th March at 7.00 p.m. Tickets £8.00 and £6.00 concession.

A Concert for Mother's Day 'Rediscovered Beauty'

Artists: Ryan Ross, Baritone; Sian Cameron, Mezzo Soprano; Alison Shone, Soprano and Accompanist Nicola Rose.

Ryan, Sian and Nicola attended the operatic workshops held at VAN-guard last July and performed in the concert at the end of the course. The evening's performance will include some almost forgotten works of Viennese composers whose works were suppressed by the Nazi Regime, in particular the work of Julius Burger. Ryan is currently researching the work of some of these composers for his PhD studies. The evening is a fundraiser to help Ryan with his studies.

Wednesday 21st March Tickets £5. Lunchtime Concert at 1.00p.m.

Baritone Recital with Matthew Tilley Tickets £5.00.

A former student of the Royal Welsh College of Music and Drama where he was a recipient of the Laura Ashley Scholarship, Matthew has been a regular performer with Welsh National Opera and a vocal coach with the Musical Youth Theatre Wales. Matthew's programme is likely to contain some pieces by Mozart and Puccini, songs from musicals and some Folk Songs - something for everyone.

This is Matthew's first visit to perform at' VAN-guard'.

Other forthcoming events

Saturday 24th March at 3.00 p.m. Caerphilly Community Chorus - Spring Concert

Sunday 15th April at 2.00 p.m. 'Young Stars' Perform' their Spring Concert

Saturday 12th May at 7.30 p.m. Operatic Tenors' Concert with Lee David Bowen, Richard Lee Thomas. This will be their first performance at VAN-guard.

Saturday 23rd June at 7.30 p.m. Caerphilly Community Chorus - Summer Concert

Saturday 15th December at 7.30 p.m. Caerphilly Community Chorus - Christmas Concert.

<u>July</u>

Saturday 14th The David Hawthorn Memorial Gala Concert –evening performance

The Noteworthy Mixed Choir is in great demand. We are pleased therefore to have been able to get them for this event. There is a great deal of talent among the choristers as well as with their accompanist Stewart Roberts and their Musical Director Ryan Wood. Ryan is well known to us at

'VAN-guard' through his involvement with Cantare, Only Men Aloud etc. The Concert Compere will be David Fortey.

There have even been enquiries for concerts when the date has already been booked. We hope they are able to accept alternative dates offered.

If you or friends wish to be notified of concerts and you have an e mail address, please pass it on to John and you will then receive details of events directly. Also refer to the 'VAN-guard Centre website www.vanguardcaerphilly.org

There are also a number of other events planned to take place in the church, so the building is being well used which is good news.

Mair



CAERPHILLY COMMUNITY CHORUS CONCERT PROGRAMME

The Chorus will be giving three concerts at VAN-guard this year.

Saturday 24th March at 3.00 p.m. Spring Concert
Saturday 23rd June at 7.30 p.m. Summer Concert
Saturday 15th December at 7.30 p.m. Christmas Concert
We are delighted that the Chorus will perform at their home base.

Mair

Don't forget NY Ako will be performing their unique mixture of music, song and dance and sharing something of life in Madagascar at:

Van Road Sat 2nd June 2:00 p.m.

We hold in our prayers -

Vernon Holland Bill and Jean Mutter

Dorothy Banfield and family

Tony Moore Phyllis Colwell

Russell and Carole Boothe Barbara Lloyd

Margaret Baldwin



Grateful Thanks!

Barbara Lloyd wishes to thank everyone for their prayers, cards and good wishes while she was in hospital. She is again unwell and we continue to hold her in our prayers.



FAIR TRADE FASHION SHOW

at

Mount Carmel Church

Saturday 10th March

7pm (Free entry)

FAIRTRADE FORTNIGHT

Feb 26th — March 11th

Please support overseas farmers, workers and artisans by purchasing fair trade goods. To do so gives people from poor communities a chance to thrive allowing them, for example, to send their children to school, to pay for health care and housing and tools and much, much more.

Lectionary Readings



March

4th Exodus 20:1-17; Psalm 19;

John 2:13-22; 1 Corinthians 1:18-25

11th Number 21: 4-9; Psalm 107: 1-3, 17-22;

Ephesians 2:1-10; John 3:14-21

18th Jeremiah 31:31-34; Psalm 51:1-12

Hebrews 5:5-10; John 12:20-33

25th Isaiah 15:4-9a; Psalm 31:6-16;

Philippians 2:5-11; Mark 14:1-15 or

Mark 15:1-39 (40-47)

29th Maundy Thursday

Exodus 12:1-4,11-14;

Psalm 116:1-2,12-19;

John 13:1-17, 31b-35

1 Corinthians 11:23-26;

30th Isaiah 52:13-53:12; Psalm 22;

Hebrews 10:16-25; John 18:1-19, 42

31st Job 14:1-14; Psalm 31:1-4, 15-16;

1 Peter 4:1-8; Matthew 27:57-66 or

John19:38-42

April 1st Easter Day

Acts 10:34-43or Isaiah 25:6-9;

Psalm 118:1-2, 14-24; 1 Corinthians 15:1-11;

John 20:1-18 or Mark 16:1-8

DATES FOR YOUR DIARY

MARCH

Thurs 1st, 10.30am Fellowship and Bible Study

Sat 3rd, 6pm Concert raising money for visit to

Patagonia by Morgan James

Wed 7th, 10.30am Coffee with Enfys

Fri 9th, 12md Lenten Lunch at Wesley

Sat 10th,10.30am Coffee morning at

St. Catherine's

7pm Fair Do's Fashion Show at

Mount Carmel

Sun 11th, 7pm Recital by tenor Ryan Ross

Tues 13th, 6,30pm Messy Church meeting

Thurs 15th, 10.30am Fellowship and Bible Study

Fri 16th, 12md Lenten Lunch at Van Road

Thurs 22nd, 5.30pm Messy Church with the

Rainbows, and Brownies.

All children welcome.

Fri 23rd, 12md Lenten Lunch at Wesley

Sat 24th, 3pm Concert by

Caerphilly Community Chorus

Morgan James is presenting a concert on March 3rd at 6pm. At Van Road. This is to aid his quest to go to

Patagonia next year. There will be a varied

programme. Come along to support Morgan and

friends.

ROTAS

March April

Stewards Stewards

Hilary Akerman Margaret Baldwin

Steve Akerman Cathy Vernalls

Communion Communion

Margaret Baldwin Enfys Hawthorn

Phyllis Frayling Lynda Jones

If unable to steward or serve

Please ask ANOTHER to cover

Flowers for March

4th	Jen Viggers
11th	Mothering Sunday
18th	Dorothy Woodward
25th	Palm Sunday

Thank you to all who donate flowers for worship

CHURCH ELDERS

Mrs Margaret Baldwin 02920 867027

Mr Lewis Lewis-Head 02920 889958

Mrs Enfys Hawthorn 02920866840

Ms Lynda Jones 02920 884022

Mrs Diane Moverley 02920 866336

Mr Robert Moverley 02920 866336

Mrs Cathy Vernalls 02920 887112

Mrs Phyllis Frayling 02920862285

Any items for the next edition should be submitted by the 19th of the month

to -

Mrs Diane Moverley dianemoverley60@gmail.com

(or if not on e mail then items can be left in the box at the back of the sanctuary)



I will instruct you and teach you the way you should go; I will counsel you with my eye upon you.

Psalm 32: 8 NIV