# INFORM



URC VAN ROAD CAERPHILLY May 2024

# **CHURCH OFFICERS**

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#### An Elder Writes ....

When GOD made the world he said it was good so why are we doing so much to destroy it?

Asking myself this question I realised that there was not much I could do about the bombings, killings, and destruction in the world, so best if I concentrate on the area I live in.

I don't know why my mind should wander back to my grandmother but it did, remembering a plaque she had; some of the words said, 'You are nearer God's heart in the garden than anywhere else on earth.'

Knowing that I have not been able to do much in mine for the last two years and it was looking quite sad; the weather we had been having didn't' help, so much rain and wind, what chance did the plants have?

My mind wandered again to a quote that Peter Noble uses often...

'They can cut all the flowers, but they can't stop the coming of spring.'

Then before I knew it the clocks went forward and the days were longer and lighter. I looked at my garden and saw little purple and yellow flowers in the long grass, wild violets and primrose along with bright yellow dandelion that a little bee was happy to be sitting on.

Yes my garden is not as dead as I thought it was, still a mess, but alive.

THANKS BE TO GOD! Phyllis

#### From the editor ......

I was reminded of a story that I told in more than one
school assembly. Briefly it was about a very rich man who
had 3 sons. He wondered which of his sons to declare
head of his family when he died. He wanted to see how
wise they were.

He gave each of the sons a penny and sent them out to market to purchase enough to fill a store room.

The first son brought straw but it did not fill the space. The second son had spent his penny on sand, but this didn't fill the room. The third son returned after dark carrying a small parcel. He said that when he had filled the space he would bring his father to look. He lit a large candle in the room which obviously impressed his father and brothers. He had filled the space with light.

The disciples, after Jesus' death were in the dark. The light started to shine when Christ revealed himself to them. The light glowed even brighter when they experienced the coming of the Holy Spirit.

Candles are often an integral part of worship helping us to focus on Jesus, the Light of the World. He is the head of our church family and we ask for His spirit to dwell in us so that we can try and be a light to others.

#### Diane





#### YOU CAN DO IT!

I would be very grateful if members of the congregation could send me items to include in Inform. They do not have to be original. You may want to share a favourite poem, reflection or prayer. You might want to tell of an experience that has moved you or pleased you in some way. They can be short or long.

PLEASE, PLEASE, PRETTY PLEASE!
THANK YOU!

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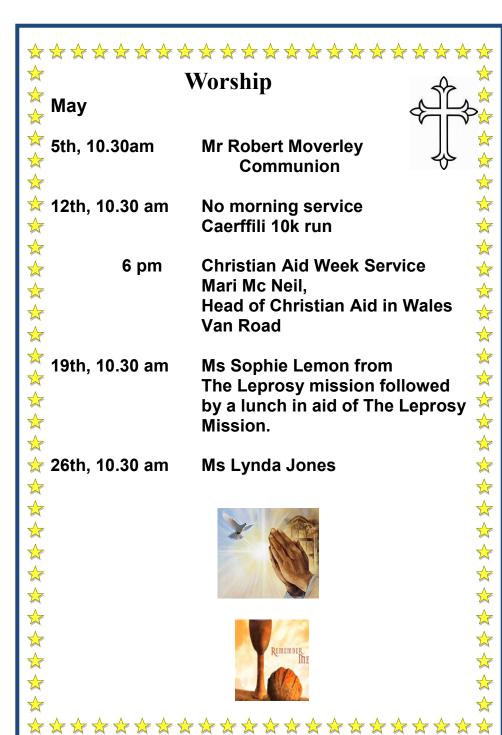
**JOYFUL NOISE CAERPHILLY** 

**Caerphilly and Aber Valley Ministry Area** 

Sunday 2nd June, 6pm. St Martin's Church

Churches to select their favourite hymns for the event.

Everyone welcome to a BBQ to follow the singing.



### It Happened in May

1611, 2nd	The Authorised version of the Bible was published (King James version)
1926, 4th	The General Strike began during which 3 million workers down tools for 10 days.
1954, 6th	Roger Bannister runs a mile in 3 minutes, 59.4 seconds.
1945, 7th	In Reims, German colonel general Alfred Jodl signs the terms of unconditional surrender, to take effect the following day, ending the 2nd World War.
1543, 24th	Nicholas Copernicus He was a canon, he practised medicine and was an astronomer. He upset the Medieval world by declaring that the earth moved around the sun and not the other way around.
1564, 27th	Preacher John Calvin dies in Geneva.

# CHRISTIAN AID WEEK MAY 12th – 19th

Please pray for the work of Christian Aid and give generously if you can and encourage friends, neighbours and family to do so as well.

# CHRISTIAN AID JOINT SERVICE MAY 12th, 6pm, Van Road URC

Come along and listen to Mari Mc Neil (Head of Christian Aid in Wales) give an update on the wonderful work of Christian Aid and how Christian Aid, with the support of people like us, change lives for the better.

Friday 17th May, 7pm, £7, Children free.

**Concert at Mount Carmel for Christian Aid.** 

included in the programme -

**Caerphilly Ladies Choir** 

**Cwrt Rawlin School Choir** 

Josef Gray, baritone

(Tickets from choir members and Cwrt Rawlin School)

# **Young Wives**

Mondays 7.30pm All ladies, any age, welcome



No Meeting -Bank Holiday

Miss Lynda Jones

A night of board games

May electric field and the second an Mrs Chris Harling

The 5 Second Rule

No Meeting –Bank Holiday

# From A Rocha—Possible Easy Eco Tips for May

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Say 'No' to the mow in May. Mowing the lawn less and letting plants grow longer saves time and helps give nature a home. If you leave an area until August there will be a bigger impact / support for wildlife.

For more tips visit -

Arocha.org.uk/wild-christian

#### **PENTECOST**

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PENTECOST **HOLY SPIRIT PRAYER** TONGUES WONDER **REJOICE AWE EMBOLDENING POWER PRAISE** THANKS DOVE FLAME BREATH-WIND HOPE LOVE **JOY DISCIPLES PEACE** 

#### **Our New Moderator**

On 6th April Reverend David Salsbury was inducted as the Moderator for Wales URC at Beulah URC in Cardiff. David has been a welcome preacher to Van Road on a number of occasions. He lives in Newport and his previous roles included, URC Training Officer and leader for 'Stepwise.'

The service was a joyous occasion. We send him
 every good wish and prayers as he undertakes his
 new role.

# **FOODBANK**

Many thanks if you have been able to support contact to support contact to support contact the contact to the contact the cont

Please remember that there is a box for donations at the back of the church. Monetary donations are also welcome. (See Diane.) We regularly have to buy UHT milk, tinned rice pudding, tinned fruit, soup and tea for example.



#### **Lectionary Readings**



May

5th Acts 10:44-48; Psalm 98; 1John 5:1-6;

John 15:9-17

12th Acts 1:15-17, 21-26; Psalm 1; 1 John 5:9-13;

John 17:6-19

19th Pentecost

Acts 2:1-21; Psalm 104:24-34, 35b;

Romans 8:22-27; John 15:26-27, 16:4b-15

26th Isaiah 6:1-8; Psalm 29; Romans 8:12-17;

John 3:1-17



#### **CHRISTIAN AID WEEK**

#### May 12th-18th

#### Life in Burundi

Driven by hope, faith and the love of her children, Aline was able to fight against the inhumanity of poverty and build herself a new life.



In Burundi, malnourishment and poverty affect more than 70% of the population, making survival a daily struggle. Jobs and food are hard to come by, and those who have homes often have no electricity or running water.

For Aline, life was a constant struggle. She was married young and gave birth to her eldest son, Fisto, when she was just 14 years old. Aline experienced constant abuse at the hands of her violent husband.

A few years later, Aline faced even more devastation. Her husband married another woman, forcing Aline to flee. He prevented her from taking their children with her, and in a further act of cruelty, told the local community that Aline was mentally ill and unable to care for her children.

' I wandered the streets, asking anyone for a place to sleep. Those who showed me kindness would let me stay for two or three days, but it was difficult. People would insult me and treat me with contempt. They forgot I was a human being. It filled me with sorrow.

#### **How Christian Aid stepped in**

Hungry, scorned and alone, Aline took her first step towards her new life. She started by participating in a transformative three-day community workshop, funded by Christian Aid.

'I came out with amazing knowledge and skills. The trainer restored a sense of hope and energy in me,' says Aline.

She was taught how to form a Village Savings and Loans Association (VSLA) and establish a steady income. VSLAs mean people can save for their future and borrow money to kickstart small rural businesses. With all she had learned, Aline's dream of getting her children back finally felt possible.

With a small start-up loan, Aline started trading avocados and peanuts locally. With her profits, she bought a bicycle so she could transport greater quantities of goods to markets further afield. Eventually, her hard work had finally paid off, and she had earned the money she needed to rent a house.

Once Aline secured a home for herself, her three eldest sons were able to escape their father and join her. They told Aline that their father had abused them and sent their three young siblings to live with different members of his family.

Aline still hopes that she'll be reunited with her youngest children in time.

(For the full story go to the Christian Aid website.)

Coffee Morning, 10.30am First Wednesday each month

Prayer Time, 5pm Every Tuesday

Communion service 2nd Wednesday each month, 10.30am

'Only Boys Aloud' rehearse Every Monday, 6.30,

Caerphilly Chorus rehearse Every Friday, 7.30pm,

University of the Third Age (U3A) First Friday each month

1.30pm (usually)

'Young Wives' (All ladies welcome) Every Monday 7.30pm

Bible Study, 1st and 3rd Thursdays in the month, 10.30am

NB Some activities stop during school holidays. Please check for any changes to this list.

Note this month coffee morning on 2nd Wednesday as there is no communion



Caerphilly Street Pastor Café
Every month from 1
10.30am
12.30pm
The Twyn Community
Centre,
Caerphilly



20th	17th				
January	February				
16th	20th				
March	April				
18th May	15th June				
13th July	24th				
	August				
14th	19th				
September	October				
23rd	14th				
November	December				

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# Suggested Prayer for those visiting the Parish Church in Chesterfield.

### We might find it useful too.

### Lord, thank you ....

\* For your presence here, for the opportunity to pray, for the promise of peace, for the beauty of the world, the kindness of people .....

- -for all those whom I love ... and who love me...
- -for your love towards me (and especially for ....)
- -for the cross of Christ and the power of the spirit.

Help me to show gratitude in deeds as well as words.

# Lord I am Sorry ...

- \* -for the times when I have been hasty or unkind (especially to .....)
- - . forgotten your presence, taken your love for granted.

I thank you for your promise to forgive all those who turn back to you in penitence.



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### We hold in our prayers -



John Wade Rev Malcolm Shapland

Diana Hibbert Carolyn and Dave Jenkins and family Carol Booth

Hilary and Steve Akerman Judy and Rod Jarman

Frank Frayling Wendy & Roy Angove

Those in Gaza, Israel and the West Bank.

All those working in the NHS and in Social Care.

Those who have lost their employment and those fearful for their jobs and struggling with the rising cost of living.

Those countries facing hardships, particularly in Pakistan, Afghanistan, Somalia, Iran, Sudan and Yemen and all those desperate for their safety and future, particularly the people of Ukraine.

Those people helping to welcome and settle refugees.

Charities such as Christian Aid as they set about helping those in need.

Those affected by wild fires and particularly Tahiti and the island of Maui. Flooding in Pakistan and Libya. The earthquake in Japan. The volcanic eruption in Iceland. The uprising in Haiti.

# **CHURCH ELDERS**

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Mrs Phyllis Frayling 02920 862285

Mrs Margaret Baldwin 02920 867027

Mrs Cathy Vernalls 07527 598127

Any items for the next edition should be submitted by the 19th of the month

to

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And now faith, hope and love remain and the greatest of these is love.

1 Corinthians 13:13